

# LIFE BEGINS WHEN ACTIVE LIFE BECOMES A LIFESTYLE

Presenting, IKIGAI Senior Living – Goa's first  
lifestyle senior community



GOA  
**IKIGAI**  
— Life begins here —



# IKIGAI SENIOR LIVING – A PRESCON AND MANASUM VENTURE FOR OUR SENIORS.

We believe senior living is a responsibility that extends far beyond real estate alone. It entails service, care and a holistic community experience.

With this vision, Prescon is pleased to introduce MANASUM Senior Living Pvt. Ltd. as a dedicated service provider in the senior living space.

Ikigai is a Japanese Concept which weaves in simple elements to live a long, meaningful and happy life. A philosophy we hope to follow at Ikigai senior living, Goa.



*Stay active.*



*Get in shape*



*Live in the moment*



*Eat right*



*Give thanks*



*Surround yourself with good friends*



*Smile*



*Reconnect with nature*



*Find your joy*



*Take It easy*

# SENIOR LIVING AT A GLANCE

Welcome to IKIGAI Senior living – Goa's first vibrant community for those on the right side of 55.

Senior living communities are safe and vibrant spaces designed around seniors, to ensure each resident thrives within the community with a strong sense of belonging and purpose. Here seniors are encouraged to live their best life, with all the necessities taken care of.



## *Community Life @ Ikigai Goa*

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They say making new friends is happy food for the brain. And spending time with them activates reward circuits, with positive effects on health and wellbeing. It's a simple truth here – we surround ourselves with good friends. The community is always there; to cheer, to celebrate, to support, to love, to be family.



## *F&B Services @ Ikigai Goa*

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Wellness starts with the food we eat. That's why, our resident chefs conjure up delicious and nutritious meals to suit every need, every taste bud. Enjoy all your meals at the Club Restaurant with friends.



## *Healthcare @ Ikigai Goa*

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Health is wealth, but it is more. Health is joy. It is freedom. It is confidence. That's why, at IKIGAI Goa, your health is our top priority. So while you enjoy your best life with the host of amenities and services we offer, we've made sure your health is to be truly enjoyed and well taken care of too. Because the good life needs good physical and mental health.



## *Housekeeping @ Ikigai Goa*

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Enjoy unbridled freedom from household chores with dedicated staff at your service. You are most likely to call our housekeeping staff 'home-keeping' staff. That's the level of care and attention they pay to the upkeep of your home, while making life easy and hassle-free for you.

# WHO WE ARE?

Welcome to Manasum - Luxury Senior Living, where inspiration flutters in like gentle butterflies, bringing with them a kaleidoscope of happiness and a flood of cherished memories. Guided by the visionary co-founders, our mission is simple yet profound: crafting a positive and nurturing lifestyle. It's this commitment that has proudly crowned us the premier luxury senior living community in Bangalore. Here's to creating a community where your golden years truly shine!

We started with a simple dream – to fashion spaces for seniors that are not just comfortable but downright joyful! Over four years of research around the globe, helped us unfurl our flagship project in 2020; Manasum Avighna in South Bangalore.

The tremendous success of these 110 units in a 1 acre property is what fueled our passion. Our first award came in the form of the sheer exuberance we witnessed on the beaming faces of the seniors whilst enjoying the 50% open spaces which are blissfully unpolluted with pristine greenery all around!

That joy propelled us forward to deliver our second project Banyan at Godrej Royale Woods in North Bangalore in 2023. This intergenerational project is spread across 13 acres of verdant spaces and offers 191 cozy havens for the young at heart where conversations flow freely over a hearty meal.

The onset of 2024 brought with it the dynamic partnership between Manasum's exceptional senior-centric services and Prescon's design centricity, reliability and trust all under one roof. Known to be dependable, the Group has an impeccable record of completing projects on time, due to which PRESCON enjoys tremendous goodwill in all the micro-markets they operate in. Prescon has completed 18 projects including Residential, Commercial, and Township Projects with a total Salable area of over 3.5 million sq.ft. IKIGAI Goa, is yet another tiara at Prescon Amanha.

In our eyes, old age is a blessing, a golden opportunity to savor life without the hassle of mundane chores. And that's our motto for the next 5 years - to bring 2500+ families under Manasum's care.

# WE ARE IKIGAI GOA

Ikigai Goa has been conceptualized to serve as an idyllic haven for senior citizens, and the planning and architecture reflects the same spirit. It effortlessly marries the housing desires of our patrons, providing independence, luxury and privacy, with the community and safety requirements of our seniors.

## THE PROJECT

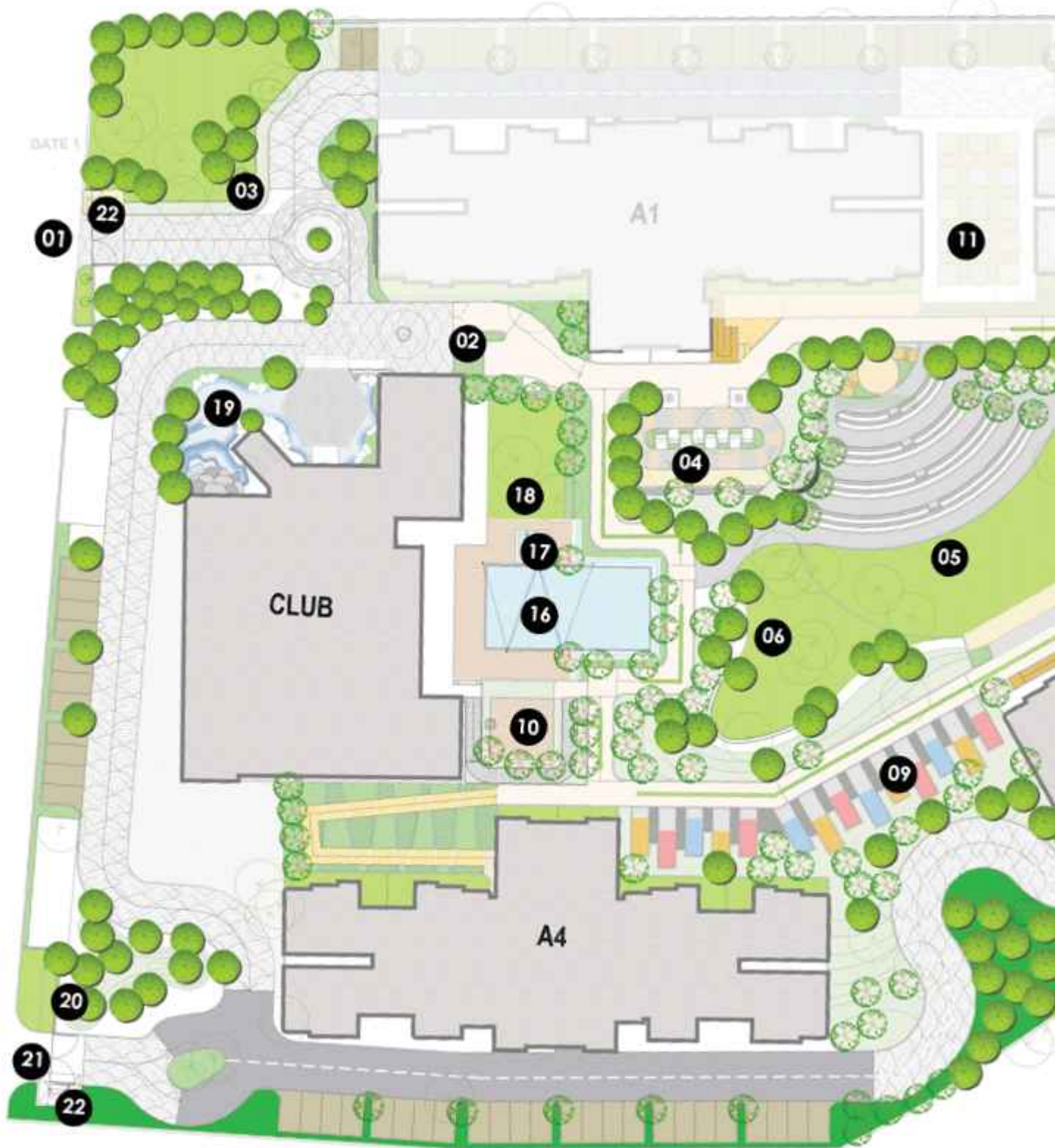
## LEGEND

- |                        |                    |
|------------------------|--------------------|
| 1. ENTRY               | 7. CRICKET PITCH   |
| 2. WATER FEATURE       | 8. SWIMMING POOL   |
| 3. ACUPRESSURE PATHWAY | 9. OUTDOOR JACUZZI |
| 4. TENNIS COURT        | 10. PARTY LAWN     |
| 5. OUTDOOR GYM         | 11. EXIT           |
| 6. YOGA DECK           | 12. SECURITY       |



Artist impression of a birds eye view of the project

10.0m WIDE EXISTING ROAD





**LEGEND**

- 1. ENTRY
- 2. THEME WALL
- 3. WATER FEATURE
- 4. ACUPRESSURE PATHWAY
- 5. LAWN
- 6. MEDITATION LAWN
- 7. TENNIS COURT
- 8. PERGOLA
- 9. OUTDOOR GYM
- 10. YOGA DECK
- 11. HERBAL PLANTATION
- 12. CRICKET PITCH
- 13. PAVILLION
- 14. CHESS BOARD
- 15. OUTDOOR SEATING
- 16. SWIMMING POOL
- 17. OUTDOOR JACUZZI
- 18. PARTY LAWN
- 19. WATER FEATURE WITH VERTICAL LANDSCAPE
- 20. FEATURE WALL
- 21. EXIT
- 22. SECURITY CABIN



Aerial impression of the club house

# YOUR CLUB @ IKIGAI GOA

The multi-activity clubhouse is at the heart of Ikigai Goa, where relaxation, recreation and rejuvenation is best enjoyed with friends, old and new.



*Swimming Pool*



*Yoga Pavillion*



*Restaurant*



*Karaoke Bar*



*Salon*



*Gym*



*Library with Reading Lounge*



*Massage Room*



*Movie Theatre*



*Steam & Sauna*



*Billiards & Carrom Room*



*Hobby Room*



*Indoor Badminton Court*



*Business Centre*



*Multipurpose Hall*



*Medical Care Centre*



*Visiting Doctors & Physiotherapy Centre*



*Convenience Store*



*Guest Rooms*



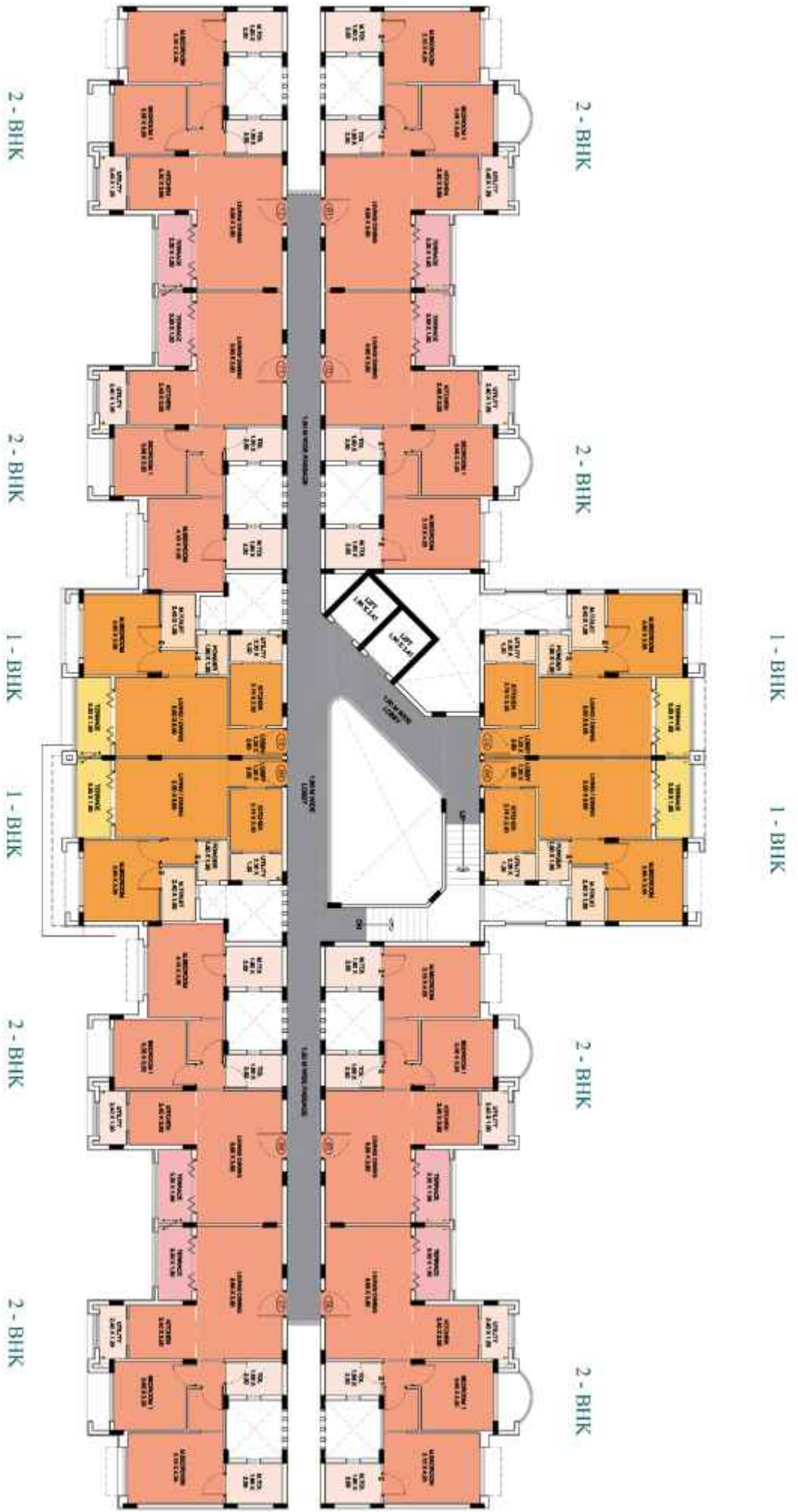
*Card & Chess Room*

\*\*The usage of facilities of the club will be subject to and governed by the club membership.





# TYPICAL FLOOR PLAN



# APARTMENT PLAN

Type	1BHK
RERA Area (A)	49.25 Sqm
Balcony Area (B)	8.40 Sqm
BU Area (A+B+External walls)	62.30Sqm
Common Area	12.70 Sqm
Saleable Area	75.00 Sqm



*Furniture Layout 1 BHK Flat*



*Furniture Layout 2 BHK Flat*

Type	RERA Area (A)	Balcony Area (B)	BU Area (A+B+External walls)	Common Area	Saleable Area
2BHK	68.70 Sqm	8.05 Sqm	84.65 Sqm	17.35 Sqm	102.00 Sqm

# AROUND IKIGAI GOA

What makes the perfect location? At Ikigai Goa, you're never too far from anything or anyone important. That's the beauty; everything is easily and quickly accessible, yet it is away from the maddening rush.

Sharda Mandir School  
1 km | 2 mins

Healthway Hospital  
2.4 km | 6 mins

Old Goa  
4.7 km | 10 mins

Karmali Railway Station  
5.7 km | 15 mins

Miramar Beach  
17 km | 26 mins

Mapusa  
26 km | 40 mins

Dabolim Airport  
48 mins

Panjim  
13 km | 22 mins



**DEVELOPER**  
Prescon Homes Pvt. Ltd.



**SERVICE PROVIDER**  
Manasum Senior Living

Site Office: Ikigai Senior living at Prescon Amanha, Survey No. 8/1-D1, Azossim, Tiswadi, North Goa, 403104

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The Project is developed by Prescon Homes Pvt Ltd and Marketed by Manasum Senior Living. This project is registered under Goa RERA Project Registration as Bldg A3 Bldg. A4 & Club with Reg.No.PRG02221540 (Phase 1) Bldg. A1 Bldg. A2 & Bldg. B1 with Reg.No.PRG011221816 (Phase 2) and is available on <https://rera.goa.gov.in/reraApp> under registered projects.